



The Right Honourable Simon Lightwood MP
Minister for Roads and Buses
Great Minster House
33 Horseferry Road
London SW1P 4DR

simon.lightwood@dft.gov.uk

Please reply to
lightmare@gmail.com

19 January 2026

Dear Mr Lightwood,

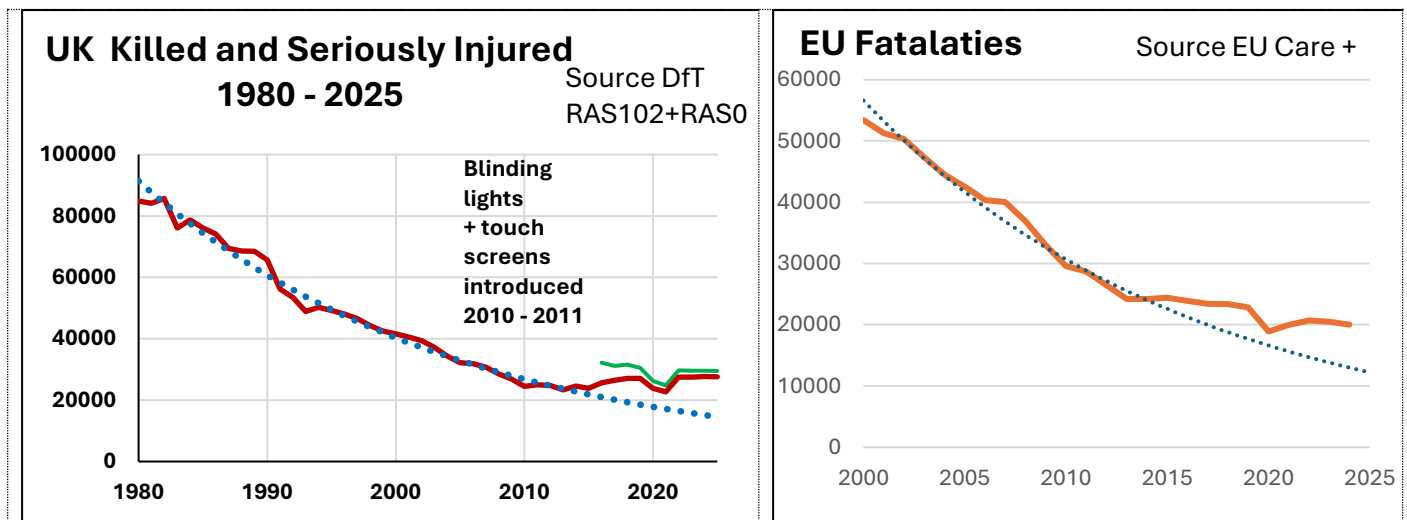
Killed and Serious Injured road casualties: Double what they should be

Thank you for your informative reply letter of 11 December via our MP Liz Saville Roberts, it is pleasing that the government is taking note of complaints of blinding light but disappointingly no action. The UNECE self-levelling headlamp proposal is ineffective as headlamps cannot respond rapidly enough (they have been on my past two cars).

The fundamental problem is that LED light at 6500k is damaging to the eye, the limit should be 2800k. Continual exposure from LED Daytime Running Lights (DRL) and headlights cause "Distraction Blindness" and "Inattentional Blindness" (see attached "Distraction Blindness" by P Heilig). Surprisingly there is no intensity limit for rear lights.

Headlights are frequently on in winter daytime and 6500k LED lights at an intensity 1200cd blind. When the UNECS WP 29 group were considering DRL intensities in 2005, 400cd 4000k was proposed but this got raised to 800cd then 1200cd 6,500k. The Japanese proposed variable intensity in proportion to sunlight, but this was ignored.

Cumulatively, the continual light flashes cause irritation and driver fatigue during both daytime and nighttime. This cause of accidents is accurately recorded in police statistics. Safety officers tend to look solely at nighttime accidents.



EU accident statistics show correlation with the UK. The EU reported: "Whilst vehicles are equipped with an increasing amount of safety devices e.g. ABS, ASC, SIPS, RFT, Radar, Lidar, absorbent bumpers, crumple zones etc. and roads are engineered with safety as a priority, the expected year on year downward trend has halted"

If in the view of the government, touch screens and blinding lights are not the cause of the 2010/11 deviation, please could you advise what is considered to be the cause? In the meantime it would be good to hear of more positive action to stop vehicles from breaking the law (as proven in [Glare from Vehicle Lighting on UK Roads](#)) to save lives.

Yours sincerely,

Roy Milnes

lightmare@gmail.com
Lightmare.org

Distraction Blindness

page 1 of 2

By Emer prof of Ophthalmology Peter Heilig University of Vienna

January 2025



Children, since the advent of daytime running lights (DRL), by far the most at-risk road users, are often conspicuously 'overlooked', or better put, not 'perceived', particularly on so-called 'protective routes' such as pedestrian crossings. (see Ban of DRL 2007 Austrian Ophthalmological Society).

Distraction blindness, an almost physiological phenomenon, is partly to blame for this unacceptable situation.

An excess of visual stimuli can overwhelm our 'visual short-term and working memories'.

This ('overflow') can manifest itself in fatal cognitive distraction or even complete perception failure.

Additional distractions understandably make the situation worse; many overbright, blue short-wave dominated DRLs radiating in all directions (isotropic) are the epitome of poorly developed vehicle lighting systems on our roads today putting inconspicuous people in danger.

"I drove towards an apparently empty pedestrian crossing – and at a reduced speed because I know

the route well and expect that there will be many children (wearing brightly coloured protective vests) crossing the road at this point on the way to school! I am devastated!"

This driver was found guilty, sentenced, severely punished and will probably be plagued by severe remorse for the rest of his life.

The collision of a bus with a train illustrates particularly clearly the danger of distraction caused by artificial light stimuli in daylight. The bus driver knew the timetable, saw the train coming and yet did not notice it.

Neither jurisprudence nor risk and accident research nor insurance companies have seriously addressed this sensitive issue.

There is no need for sophisticated statistical analyses and complex scientific studies to "prove" the limited capacity of our visual and cognitive systems.

Grand magic (neuro- magic) demonstrates similar things on a continuous basis: e.g. the magic making the Statue of Liberty disappear, over-accentuation of fully protected road users but go mentally unnoticed.

Threshold:

No suprathreshold stimulus should be amplified.

Every photon of senselessly wasted energy must be avoided.

E-scooters, e-toys and bicycle lights now dazzle just as painfully as car headlights and DRL.

Flashing beacons on emergency vehicles inevitably became brighter (and louder, horns in pedestrian zones are far above pain thresholds and provoke cardiovascular complications).

Forty-eight-tonne EU approved trucks are equipped with countless "eye-catching lights".

Distraction Blindness

page 2 of 2

The over-bright blinding light experiment on vehicles has proved to be a disaster - 'it has failed to stand the test of time'.

Even weak light stimuli inevitably trigger reactions, including cognitive processes in the peripheral parts of the visual field, which can become a serious problem.

In nature, almost all visual stimuli are balanced - in equilibrium. Human reflex instinctively avoids looking at the sun.

Before driving with lights on during the day was imposed, there was a sensory-physiologically acceptable distribution of stimulus intensities in road traffic, which made it possible to recognize unexpected, unlit objects relevant to traffic - an extreme example: pedestrians, children and animals, even lost cargo on the highway.

Eye-gaze retention - a favourite topic of some accident researchers - is not necessary to trigger distraction blindness. Even when looking straight ahead, an excess of peripheral moving light stimuli can virtually disrupt the perception system of the eye.

Tolerable (blue-free) light installations in road traffic scenarios has been necessary for DECADES:

Avoiding any kind of glare.

Yellowish light would be a desideratum.

Avoiding isotropic geometries including stray light rays.

Avoiding any ray of artificial light during the day.

If the daylight intensity is too low: use glare free dipped headlights.

So-called (yellow) night driving glasses: not recommended.

Reduction of high-energy, dazzling and distracting short-wave wavelengths, including reduction of excessive intensity of traffic lights, including emergency vehicles.

Comparable to the renaturation that hydrologists encourage (or strongly recommend), e.g., after a serious torrent, a return to the natural physiologically sensible state is required.

Daytime Running Lights (DRL) and LED lights should be banned. Worldwide.

Addendum

In the 1950s, Brindley reported that blue light cannot make a significant contribution to central vision. WHY? The blue-sensitive cones are missing in the centre of the retina.

Blue light dazzles, irritates, distracts, scatters, it is not focused at the retinal level (circles of confusion), and is high in energy – beware of potential phototoxicity.

The EU daytime running light directive would be difficult to reconcile with the Declaration of the Rights of the Child of November 20, 1959, according to which children enjoy special protection.

Article 2, paragraph 1 of the International Covenant on Civil and Political Rights of December 19, 1966 also grants every child the right to those protective measures by society and the state that their legal status as a minor requires.

A risk in particular to children due to state-mandated daytime running lights could contradict these protective duties and rights.

Attorney-at-Law Dr. G. G. SANDER, M.A., Mag. rer. Publ.

Edited by Roy Milnes <https://lightmare.org>